November 16, 2017  Building a Culture of Generosity in Your Organization
Explore the concept of “givers” and “takers” and the effect these behavior patterns can have on teams. Learn how to create a giving culture among your staff.

December 7, 2017  Designing & Facilitating Focus Groups
Focus groups are a great tool for collecting information and engaging people in conversation with each other. Learn best practices for effective focus groups.

January 25, 2018  The Science of Setting and Meeting Goals
Explore the most effective processes for following through and meeting your goals. Debunk myths people subscribe to about goals and learn scientifically proven tools for staying on track.

February 22, 2018  Brain Basics: What’s Your Brain Got to Do with It?
Explore how the instinctive tendencies of your brain affect your work and life. Learn strategies to harness its power to promote better communication, understanding, problem solving, and empathy.

March 1, 2018  Brain Basics 2: Building Resilience
Explore and practice specific tools for calming your brain and dealing more effectively with stressful and unpredictable situations.

April 19, 2018  Feedback & Radical Candor™
Discover strategies to provide honest, effective guidance.

May 24, 2018  I Get Diversity, but What’s Inclusion?
Learn why inclusion goes beyond paying attention to protected categories and instead means embracing everyone’s diverse strengths and contributions to the whole.

June 7, 2018  Having Tough Conversations
Discover strategies for having effective conversations about tough topics.

July 19, 2018  Leading from the Positive Edge
Get farther faster by focusing on what’s right rather than what’s wrong. Learn strategies for enhancing the positive in your work environment.

All sessions are from 9 - 10:30 a.m.
at the Center for Leadership & Organizational Change (CLOC)
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